

## **Bore Da / Good Morning**

### **Light Breakfast**

#### **SMH Porridge - £5.50**

slightly sweet porridge with bananas, cinnamon coated pumpkin seeds and dates, drizzled with honey  
(CEREAL, MILK, DFO)

#### **Toasted Anglesey Bread - £4.00**

Welsh preserves, butter, and runny honey  
(CEREAL, MILK, GFO, DFO)

#### **Maple Flapjack - £5.00**

warmed flapjack with natural yoghurt, maple, and toasted almonds  
(CEREAL, MILK, NUTS)

#### **Smoked Salmon Bagel - £6.00**

half a toasted bagel, smoked salmon, cream cheese, crispy capers  
(FISH, CEREAL, MILK, GFO)

### **Full Breakfast**

#### **SMH Breakfast - £14.50**

grilled sweet-cured Welsh bacon, sausage, black pudding, parsley buttered mushrooms, tomato, potato rosti, baked beans, and local free-range eggs (poached, fried, scrambled, or boiled)  
(CEREAL, MILK, EGGS, DFO, GFO)

#### **SMH Veggie Breakfast - £13.00**

fried leek, smoked cheddar & mustard croquette, parsley buttered mushrooms, tomato, potato rosti, spinach, baked beans, and local free-range eggs (poached, fried, scrambled, or boiled)  
(CEREAL, MILK, EGGS, MUSTARD, GFO, DFO)

#### **'Bore da' Breakfast Buddha Bowl - £10.00**

berry compote, natural yoghurt, granola, seeds and nuts, drizzled with honey  
(MILK, NUTS, CEREAL)

#### **Beach Walk Brioche Bun - £10.00**

(available as a takeaway)  
grilled sweet-cured Welsh bacon, sausage, and a fried egg  
(CEREAL, EGGS, MILK, GFO)

#### **Vegetarian Beach Walk Brioche Bun - £9.50**

leek, smoked cheddar & mustard croquettes with a fried egg  
(CEREAL, MILK, EGGS, MUSTARD)

**Please let our staff know if you have any dietary requirements.**

**GFO – Gluten Free Option / DFO – Dairy Free Option**