

# Welcome to

## SANDY MOUNT HOUSE

# Menu

### Nibbles

Cider sourdough, apple butter, pancetta	£4.25
<i>C, Su, DF, GFO, V</i>	
Spicy beef meatballs, pitta & chilli cheddar	£4.75
<i>C, Mi, So</i>	
Battered haddock tail ends & gherkin aioli	£5.00
<i>E, F, So, Su DF, GF</i>	
Salt & vinegar purple potato scallops	£4.00
<i>Ce, So, DF, GFO, V</i>	
Potted cockle, crostini & nori butter	£5.00
<i>C, Cr, Mo, Mi, Su, GFO</i>	
Olive hummus, crisp breads & garlic chips	£4.50
<i>Ce, Se, DF, GFO, V</i> (may contain peanuts)	

### Starters

Camembert, balsamic biscotti, chutney, fig & walnut crumble	£10.00
<i>C, Ce, Mi, N, Su, V</i>	
Venison shashlik, cumin cashews, kale & curried chickpeas	£11.50
<i>Mi, N, So, GF</i>	
Full Monty: Black pudding hash brown, quail egg, baked beans, boar sausage & bacon	£9.50
<i>Ce, E, So, DF</i>	
Squash risotto, pumpkin & pistachio granola, feta & sage	£9.00
<i>Ce, Mi, N, So, V</i>	
'Today's catch' steamed in sparkling wine, leeks, courgetti, chorizo pearl barley, clam cream & lime	£12.00
<i>Ce, F, Mi, Mo, So, Su</i>	

### Available 12pm - 3pm Daily

Soup & warm baked bread	£8.00
<i>Ce, GFO, VO</i> (allergens may vary, please ask)	
<b>Sourdough Club &amp; Crisps</b> (add soup supp. £4.00)	
Honey and mustard roast ham, apple butter, radicchio	£14.50
<i>Ce, Mu, Su, DFO, GFO</i> (may contain nuts & sesame)	
Chilli cheddar, fruit chutney & butterhead lettuce	£14.00
<i>C, Ce, Mi, GFO, V</i> (may contain nuts & sesame)	
Battered haddock, gherkin aioli & greens	£14.50
<i>Ce, E, F, So, Su, DF, GFO</i> (may contain milk, nuts, sesame)	
'Fisherman's Lunch Box': Malted bloomer poached salmon sandwich, potted cockle, crostini, battered haddock, gherkin aioli & sea salted crisps	£17.00
<i>Ce, E, F, Mi, Mo, So, GFO</i>	

### Loaded Fries

'Seafood': Cockles, haddock, and prawns in a salted citrus butter and vinegar	£16.00
<i>Ce, Cr, F, Mi, Mo, So, GF</i>	
'Meaty': Brisket burnt ends, battered pancetta, bacon, chorizo, garlic & paprika mayonnaise	£15.00
<i>Ce, E, So, Su, DF, GF</i>	
'Veggie': Roast beets, celeriac, carrots, feta, & cumin cashews	£14.50
<i>Mi, N, So, DFO, GF, V</i>	

### Mains

Porchetta: Pear purée, greens, baby onion, crispy crackling, syrup, Dijon & apple pomme purée	£22.00
<i>Mi, Mu, So, GF</i>	
Roast Poussin: Celeriac, chard, creamed sprouts, duo of potato & peppered pesto (make it a fish dish instead supp. +£3)	£21.00
<i>Mi, N, (F - if swapped for fish), GF</i>	
Aged Lamb: Slow-braised Henry, shepherd's pie, crispy sweetbreads, parsnips, redcurrant & red wine	£23.00
<i>C, Ce, F, Mi, So, Su</i>	
Black Treacle Sea Trout: Smoked salmon schnitzel, lemon & thyme cauliflower orzo, coconut moilee	£23.00
<i>Ce, E, F, Mi, N, Su</i>	
Truffle Tagliatelle: Mushroom and leek ragu, gruyère, garlic & kale scone	£20.00
<i>C, Ce, E, Mi, V</i>	

### Classics

SMH Beef Burger: Chuck burger, brisket burnt ends, battered pancetta, sourdough bun, pickled cabbage, Emmental & BBQ seasoned skin on fries	£19.50
<i>Ce, Mi, So, Su, GFO</i> (may contain egg, sesame)	
SMH Fish & Chips: Battered haddock, chunky chips, gherkin aioli, curry salt, crispy caperberries, charred citrus vinegar & crushed peas	£19.00
<i>E, F, Mi, So, Su, GF</i>	
Vegetable 'Scampi' & Chips: Battered vegetable style 'scampi', chunky chips & pease pudding	£17.50
<i>Mi, So, GF, V</i>	

### Steaks

Steak 'n' Sauce: 'Celtic Pride' 10oz sirloin steak, rosemary & pink peppercorn sauce. Add sides? <i>Mi, GF</i>	£23.00
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Steak Sharer: 'Celtic Pride' 32oz Tomahawk Steak + any 4 sides + bottle of house wine <i>Mi, DFO, GF</i> (allergens may vary) (limited availability - allow up to 40mins cook time)	£99.00

### Sides

Rosemary roasted baby jacket potato	£3.75
<i>Mi, DFO, GF, V</i>	
Chunky chips	£4.50
<i>So, DF, GF V</i>	
Skin on fries	£4.50
<i>So, DF, GF V</i>	
Pease pudding	£4.00
<i>Mi, GF, V</i>	
Charred garlic butter cider sourdough	£4.25
<i>Ce, Mi, Su, GFO, V</i>	
Various breads and butter	£3.50
<i>Ce, Mi, Su, DFO, GFO, V</i>	
One Tray Roast Veg: Celeriac, carrots, parsnip & kale	£4.50
<i>GF, DF, V</i>	
Battered pancetta & maple BBQ	£4.00
<i>C, F, Mu, So, Su, DF, GF</i>	
Creamed chestnut sprouts	£3.75
<i>Mi, N, GF, V</i>	
Trio of Dips: Gherkin aioli, garlic & paprika mayo, maple BBQ	£2.00
<i>E, Su, DF, GF, V</i>	

### Fried Sweet Nibbles

Ginger sugar churros, chocolate	£6.00
<i>Ce, E, Mi, V</i>	
Apple & pecan pie, maple	£6.00
<i>Ce, E, Mi, N, V</i>	
Battered panettone bread & butter pudding, clementine crémeux	£6.00
<i>Ce, E, Mi, Su, VO</i>	

Any fried sweet nibble and a coffee

£9.00

### Desserts

Apple Tray: Crumble, fried apple pie, custard, cinnamon ice-cream <i>Ce, E, Mi, N, Su, V</i>	£8.75
Warm poached pear, beet and soya panna cotta, cocoa sorbet, candied lime & pecans	£8.75
<i>N, So, DF, GF, V</i>	
Panettone bread & butter pudding, clementine crémeux, kumquat, orange & nutmeg	£8.75
<i>Ce, E, Mi, Su, VO</i>	
Ginger sugar churros, overnight oats ice-cream, flapjack crumb & chocolate	£8.75
<i>Ce, E, Mi, V</i>	
Toffee Trio: Treacle tart, cinder toffee & toffee-date ice-cream	£8.75
<i>Ce, E, Mi, Su, V</i>	
Cheese Taste: Selected cow, goat and sheep cheese, paired perfectly, crackers and breads	£12.50
<i>C, Ce, Mi, GFO, V</i> (may contain mustard, sulphites)	
Selection of Welsh ice-creams and sorbets (x3 scoops)	£7.50
<i>Ce, E, Mi, So, V</i> (may contain other allergens, please ask)	
Affogato: martini ice-cream, shot of Heartland espresso, white chocolate fudge, your choice of liqueur (amaretto, Kahlua, sambuca, or Irish Cream)	£10.50
<i>Ce, E, Mi, So, Su, V</i>	

### Allergens

<i>C - Celery</i>	<i>Mo - Molluscs</i>	<i>DF - Dairy Free</i>
<i>Ce - Cereal</i>	<i>Mu - Mustard</i>	<i>DFO - Dairy Free Option</i>
<i>Cr - Crustacean</i>	<i>N - Nuts</i>	<i>GF - Gluten Free</i>
<i>E - Egg</i>	<i>P - Peanuts</i>	<i>GFO - Gluten Free Option</i>
<i>F - Fish</i>	<i>Se - Sesame</i>	<i>V - Vegetarian</i>
<i>L - Lupin</i>	<i>So - Soya</i>	<i>VO - Vegetarian Option</i>
<i>M - Milk</i>	<i>Su - Sulphites</i>	

Vegan menu available on request

Sunday Roast every Sunday: 12pm until sold out

Specials available daily

**Note:** We are committed to your well-being. Please inform us of any dietary requirements or allergens, and we will do our utmost to accommodate your needs. Your satisfaction is our priority.