

SANDY MOUNT HOUSE

EVENING MENU

EVENING
OPENING HOURS
5 - 9PM daily
(last orders 8:45pm)

WHILE YOU WAIT

- FOCACCIA WITH OIL & BALSAMIC - £5**
CE, SU, V
- PEPPERABICA PEPPERS WITH FETA - £4.50**
M, GF, V
- OYSTERS: TEQUILA, LEMON, CURRY SALT - £7**
CR, F, MO, SO, SU (may contain other allergens, please ask)

STARTERS

- PAN FRIED SCALLOPS - £14**
nduja sausage, crispy leeks, potato sauce
CR, F, M
- SLICED HERITAGE TOMATOES - £9**
served with pomegranate, white balsamic and basil
SU, DF, GF, V
- KING PRAWN ORZO PASTA - £10**
mussels, Thai green sauce
CE, CR, F, M, N
- COMPRESSED WATERMELON - £8.50**
crumbled feta, mint, toasted pine nuts
M, N, GF
- LAMB GYRO - £10**
labneh, kimchi, pitta
CE, M
- POTTED SMOKED MACKEREL - £9**
crab gazpacho, sourdough
CE, CR, F, M, MO, GFO
- GOATS CHEESE - £8**
fig, oats, focaccia crisps
CE, M, N, SU, GFO, V

SIDES

- TRIPLE COOKED CHIPS - £4.50**
crisp on the outside, fluffy on the inside
DF, GF, V
- SKIN-ON FRIES - £4.50**
crispy, golden, and perfectly seasoned for a flavourful bite
DF, GF, V
- SMH SIDE SALAD - £4.50**
a symphony of summer's bounty, served chilled to perfection
DF, GF, V
- GARLIC SOURDOUGH - £4.50**
freshly baked, golden, and aromatic with a hearty garlic infusion
CE, GFO, V

ALLERGENS

- | | |
|-----------------|----------------|
| C - CELERY | MO - MOLLUSCS |
| CE - CEREAL | MU - MUSTARD |
| CR - CRUSTACEAN | N - NUTS |
| E - EGG | P - PEANUTS |
| F - FISH | S - SESAME |
| L - LUPIN | SO - SOYA |
| M - MILK | SU - SULPHITES |

MAINS

- OCTOPUS - £23**
squid ink lentils, chilli, coriander, paprika butter
F, M, MO, SU
- HAKE - £21**
caramelised cream, dukkha, tenderstem broccoli, peas, Cypriot potatoes
F, M, SE, GF
- 40-DAY DRY AGED 10oz RUMP STEAK - £30**
Celtic Pride steak, thick cut chips, mushroom duxelle and béarnaise sauce
E, M, SU
- CAULIFLOWER STEAK - £18**
mint greens, tofu, cauliflower leaves
SO, GF, V
- COD WITH CHORIZO - £28**
saffron gnocchi, spinach, ratatouille
CE, E, F, M, DFO
- PORK BELLY - £22**
fennel, courgette, squash, creamed potatoes, elderflower jus
C, M, GF
- CHICKEN WITH WILD MUSHROOMS - £19**
bacon, peas, baby gem, sundried tomatoes, fondant potato
M, GF
- BATTERED HADDOCK - £21**
crushed peas, triple cooked chips, tartar sauce
CE, E, F, M, SO, SU, GF
- OX CHEEK & SHORT RIB BURGER - £19**
Teifi cheese, smoked streaky bacon, baby gem, tomato, served with skin-on fries and SMH BBQ sauce
C, CE, M, GFO

DESSERTS

- WHITE CHOCOLATE PARFAIT - £9**
hibiscus, apple sorbet
M, GF, V
- SUMMER PUDDING - £8**
clotted cream, berries, sourdough
CE, M, GFO, V
- RHUBARB CRÈME BRÛLÉE - £9**
Granny Smith apple, sable
CE, E, M, GFO, V
- ORANGE BLOSSOM MERINGUE - £9**
orange & vanilla chantilly, blackberries, viola
E, M, GF, V
- CHEESE DUO - £12**
chef's choice of 2 cheeses, crackers, chutney, grapes
C, CE, M, SU, GFO, V
- SELECTION OF ICE-CREAMS/SORBETS - £7.50**
three scoops of any of our available flavours
CE, E, M, SO, SU, V (may contain other allergens, please ask)

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|--------------------------|------------------------|
| DF - DAIRY FREE | V - VEGETARIAN |
| DFO - DAIRY FREE OPTION | VO - VEGETARIAN OPTION |
| GF - GLUTEN FREE | |
| GFO - GLUTEN FREE OPTION | |



Note: Please inform us of any allergens or dietary requirements, and we will do our utmost to accommodate you.