

# Welcome to SANDY MOUNT HOUSE

# SPRING - SUMMER MENU

## SMALL BITES

Honey chorizo, crackling, sesame <i>Se, DF, GF</i>	£5
Garlic & chilli olives, feta-stuffed mini peppers <i>M, GF, V (may contain N, P, Se)</i>	£4.75
Whitebait, lime & grapefruit mayonnaise <i>E, F, DF, GF</i>	£4
'Bites Board' - a selection of all the above	£12

## NIBBLES

<b>SALMON</b> - smoked salmon schnitzel, sour cream <i>Ce, E, F, M</i>	£7
<b>PIG</b> - battered bratwurst, popcorn, mustard pickle <i>Mu, Su, DF, GF</i>	£5.50
<b>LAMB</b> - doner, labneh, pomegranate, tomato oil, pitta, frisee <i>Ce, M</i>	£5.50
<b>CHEESE</b> - whipped brie, sourdough croutons, herb oil, fig jam <i>Ce, M, Su, V</i>	£6

## STARTERS

<b>BELLY</b> - braised pork belly, corn bread, BBQ pork rib, corn cob, apple <i>C, Ce, E, M, GFO</i>	£9
<b>ANGLESEY BROWN CRAB CROQUETTE</b> - crevette, dill & cucumber, gazpacho <i>Ce, Cr, E, M, Su</i>	£11.50
<b>BURRATA</b> - tomato, pomegranate, balsamic <i>M, SU, GF, V</i>	£10

## LUNCH (12 - 3PM)

<i>Loaded salad &amp; charred sourdough naan flatbread, frisee, radicchio, red onion, tomatoes, spring onions, edamame, pomegranite</i>	
<b>FISHERMAN</b> - garlic prawns, battered haddock, smoked salmon, cockles, grapefruit aioli <i>Ce, Cr, E, F, M, Mo, So</i>	£15.50
<b>FARMER</b> - pork belly, minute steak, coq scratchings, charred chicken, Dijonnaise <i>Ce, E, So, DF</i>	£15
<b>GARDENER</b> - summer vegetables, black sesame, chilli pepper coulis <i>Ce, S, So, DF, V</i>	£13.50
<b>CHEESEMONGER</b> - Ffetys feta, burrata, 'Halmôni' (Anglesey halloumi), red onion relish, grapes <i>Ce, M, V</i>	£14.50
<i>add a handful of salted skin on fries</i> <i>DF, GF</i>	£2.50

## MAINS

<b>CORN FED CHICKEN</b> - coq scratchings, crispy mushroom roll, tarragon butter, lemon butterbean mash <i>Ce, E, M</i>	£23
<b>BAKED SEABASS</b> - sea cake, pino blush sauce, tenderstem broccoli, watercress pesto, fennel <i>Ce, E, F, M, N, Su</i>	£23
<b>DUCK &amp; PLUM</b> - Gressingham, beetroot, raddish & blackberries, spinach, plum, rocket <i>M, DF, GF</i>	£24
<b>SALT BAKED COD &amp; COCKLE</b> - citrus samphire, asparagus, courgette, sauteed potatoes <i>Cr, F, M, Mo, GF</i>	£19.50
<b>FISH &amp; CHIPS</b> - battered haddock, crushed peas, sea salt & vinegar, tartar slaw, lemon <i>E, F, M, Su, GF</i>	£21
<b>BEEF CHUCK BURGER</b> - cheddar, red onion relish, burnt bacon, curly endive, brioche bun, skin on fries, gherkin 'mayo-cue' sauce <i>Ce, E, M, So, Su</i>	£19
<b>BAKLAVA ROULADE</b> - roast vegetable filo roll, edamame & pea velouté, pistachio, radish & rocket <i>Ce, M, N, So, V</i>	£17.50

## STEAKS

Our selection of Welsh 'Celtic Pride' steaks, served with parmesan, field mushroom, café de Paris butter	
4oz MINUTE STEAK - served pink with fries <i>F, M, Mu, DFO, GF</i>	£19
10oz SIRLOIN - served to your liking with chunky chips <i>F, M, Mu, DFO, GF</i>	£34

## SIDES

Sea salted skin on fries <i>DF, GF, V</i>	£4.75
Sea salted chunky hand-cut chips <i>DF, GF, V</i>	£4.95
SMH summer salad <i>So, Su, DF, GF, V</i>	£3.50
Garlic & gruyere sourdough naan flatbread <i>Ce, M, V</i>	£4.50
Tenderstem broccoli with garlic butter <i>M, GF, V</i>	£6.25
Citrus samphire & parmesan <i>M, GF</i>	£6

## DIPS

Dijonnaise, grapefruit aioli, red onion relish, 'mayo-cue' sauce, tartar slaw <i>C, E, Mu, Su, V</i>	£2
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## SMALL SWEET TREATS

Churros & toffee sauce <i>Ce, M (may contain E, M, N, So), V</i>	£6
White chocolate parfait, yuzu curd <i>E, M, GF, V</i>	£6

## DESSERTS

<b>BANANA BOARD</b> - brûléed cheesecake, banoffee ice-cream, toffee meringue mess <i>Ce, E, M, So, V</i>	£8
<b>SUMMER BERRY PUDDING</b> - yoghurt blancmange, strawberry sorbet, raspberries, dried blueberries <i>Ce, M, Su, V</i>	£8
<b>AFFOGATO</b> - vanilla ice-cream, shot of Heartland espresso, bitter chocolate shavings, your choice of liqueur (amaretto, Kahlua, sambuca, or Irish Cream) <i>M, Su, So, GF, V</i>	£11
<b>CHOCOLATE DUO</b> - milk chocolate mousse, brownie, salted caramel, honeycomb <i>E, M, So, GF, V</i>	£9
<b>ICE-CREAMS &amp; SORBETS</b> - 3 scoops varied selection available (please ask). Add chocolate sauce for £2.50 <i>E, M, N, Su, V</i>	£7
<b>WELSH CHEESE DUO</b> - chef's selection (please ask), warmed chorizo with maple, crackers, grapes, chutney <i>C, Ce, M</i>	£12

## BREAKFAST (9 - 10am - booking advisable)

<b>COFFEE &amp; CROISSANT</b> - butter and jam <i>Ce, M, N (may contain, E, Se, So)</i>	£5
<b>THE BIG PIG</b> - 2x bacon, 2x sausage, 2x hash brown, 2x fried egg, black pudding pieces, crackling, add Stokes sauce? Ketchup or brown. Wrapped in sourdough flatbread <i>C, Ce, E, DF</i>	£12.50
<b>THE BIG VEGGIE</b> - 2x veggie sausage, 2x hash brown, cheddar, 2x fried egg, spinach, mushrooms, add Stokes sauce? Ketchup or brown. Wrapped in sourdough flatbread <i>C, Ce, E, M, V</i>	£12.50

## Allergens

<i>C - Celery</i>	<i>Mo - Molluscs</i>	<i>DF - Dairy Free</i>
<i>Ce - Cereal</i>	<i>MU - Mustard</i>	<i>DFO - Dairy Free Option</i>
<i>Cr - Crustacean</i>	<i>N - Nuts</i>	<i>GF - Gluten Free</i>
<i>E - Egg</i>	<i>P - Peanuts</i>	<i>GFO - Gluten Free Option</i>
<i>F - Fish</i>	<i>Se - Sesame</i>	<i>V - Vegetarian</i>
<i>L - Lupin</i>	<i>So - Soya</i>	<i>VO - Vegetarian Option</i>
<i>M - Milk</i>	<i>Su - Sulphites</i>	

Vegan Menu available on request  
Sunday Roast Menu every Sunday: 12pm until sold out  
Specials Menu available daily (please ask)

