

# SANDY MOUNT HOUSE

## lunch menu



**CIABATTAS** (served with dressed rainbow salad & homemade slaw) **Ce (wheat), E, Mu, Su, GFO**

Grilled steak, fried onions, Welsh cheddar **M, DFO** £15

Beer battered haddock goujons, lettuce, homemade tartare **E, F, DF** £14

Grilled Welsh halloumi, lettuce, chilli jam **M, V** £14

**SOURDOUGH FLATBREADS** **Ce (wheat, spelt, kamut), So**

Prosciutto crudo, buffalo mozzarella, roasted sunflower seed pesto, gran reserve balsamic **M, Su** £14

Smoked salmon, lemon & herb ricotta, pickled beets, dill oil **F, M, Su** £14

Sauteed wild mushrooms, spinach, perl las, crispy shallots, apple puree **M, V** £12

### **SMALL PLATES**

Tikka marinated chicken skewer, minted labneh, cucumber salad **M, GF** £11

Welsh rarebit, toasted local sourdough, grilled streaky bacon **Ce (wheat), M, Mu** £12

King prawns, squid, confit chilli & garlic butter, charred local sourdough  
**Ce (wheat), Cr, M, Mo, Su, GFO** £13

Tomato brushetta, toasted ciabatta, basil aioli, gran reserve balsamic **Ce (wheat), E, Su, DF, GFO, V** £10

### **MAINS**

7oz ox cheek & short rib burger, BBQ pulled pork, smoked cheddar, smoked paprika mayo, lettuce, toasted brioche bun, truffle seasoned skin on fries **Ce (wheat), E, M** £23

Beer battered haddock, triple cooked chips, crushed garden peas, homemade tartare, lemon  
**E, F, M, DFO, GF** £23

SMH caesar salad - grilled chicken, smoked pancetta lardons, shaved parmesan, baby gem, sourdough croutons, homemade caesar dressing **Ce (wheat), E, F, M, Su, GFO** £19

Wild mushroom & blue cheese raviolis, sauteed wild mushrooms, truffle pecorino, spinach  
**Ce (wheat, spelt, kamut), E, M, V** £21

### **SIDES**

Skin on fries **DF, GF, V** £5 SMH dressed salad **Mu, Su, DF, GF, V** £4

Triple cooked chips **DF, GF, V** £5 Cheesy garlic sourdough flatbread **Ce (wheat, spelt, kamut), M, So, V** £8

### **DESSERTS**

Warm dark chocolate brownie, vanilla ice cream, chocolate sauce **E, M, GF, V** £12

Sticky toffee pudding, penderyn butterscotch, vanilla ice cream **E, M, Su, GF, V** £12

Lemon & fig - charred meringue, lemon curd, fig, almond crumble, lemon curd ice cream  
**Ce (wheat), E, M, N (almond), So, V** £10

Raspberry & white chocolate cheesecake, raspberry creamaux, white chocolate soil  
**Ce (wheat, spelt, kamut), E, M, So, V** £12

Fried dessert duo - Apple & cinnamon samosas, lemon sugar churros, caramel sauce, vanilla ice cream  
**Ce (wheat, spelt, kamut) E, M, So, V** £12

Selection of Marios Ice creams and sorbets per scoop £2

### **ALLERGENS**

<b>C</b> Celery	<b>E</b> Egg	<b>M</b> Milk	<b>N</b> Nuts	<b>So</b> Soya	<b>DF</b> Dairy free
<b>Ce</b> Cereal	<b>F</b> Fish	<b>Mo</b> Molluscs	<b>P</b> Peanuts	<b>Su</b> Sulphites	<b>DFO</b> Dairy free option
<b>Cr</b> Crustaceans	<b>L</b> Lupin	<b>Mu</b> Mustard	<b>Se</b> Sesame	<b>V</b> Vegetarian	<b>GF</b> Gluten free
					<b>GFO</b> Gluten free option

Please make sure to inform us of any allergies. Kids & Vegan menu available on request.