

# SANDY MOUNT HOUSE

## vegan menu



### STARTERS

Vegan tacos - spiced mince, tomato salsa, warm taco shells, guacamole, coriander **Ce (wheat, spelt, kamut), So, Su, DF** £10

Mushroom & vegetable spring roll, satay dipping sauce **Ce (wheat), DF** £10

Cous cous & sweet potato salad, dressed leaves, pomegranate **Ce (wheat), Su, DF** £8

### MAINS

Miso glazed grilled courgette, steamed jasmine rice, homemade katsu, spring onions, coriander **So, DF, GF** £19

Chestnut mushroom & puy lentil tagliatelle, spinach, gran reserve balsamic **Ce (wheat, spelt, kamut), Su, DF** £19

Tofu poke bowl - ginger & soy crispy tofu, edamame, sticky rice, red cabbage, spring onion, nori **So, Su, DF, GF** £16

### SIDES

Skin on fries **DF, GF** £5 SMH dressed salad **Mu, Su, DF, GF** £4

Triple cooked chips **DF, GF** £5

### DESSERTS

Cinnamon coated churros, chocolate dipping sauce **Ce (wheat, spelt, kamut), DF** £8

Lemon panna cotta, blackberry coulis, almonds **N (almond), So, DF, GF** £10

Selection of marios sorbets **DF, GF** per scoop £2

#### ALLERGENS

<b>C</b> Celery	<b>F</b> Fish	<b>Mu</b> Mustard	<b>So</b> Soya	<b>DF</b> Dairy free
<b>Ce</b> Cereal	<b>L</b> Lupin	<b>N</b> Nuts	<b>Su</b> Sulphites	<b>DFO</b> Dairy free option
<b>Cr</b> Crustaceans	<b>M</b> Milk	<b>P</b> Peanuts		<b>GF</b> Gluten free
<b>E</b> Egg	<b>Mo</b> Molluscs	<b>Se</b> Sesame		<b>GFO</b> Gluten free option

Please make sure to inform us of any allergies. Kids & Vegan menu available on request.